



**American  
Red Cross**  
Mount Rainier Chapter

ORDINARY PEOPLE. EXTRAORDINARY COURAGE.  
**REAL HEROES**

# DO YOU KNOW A HERO?

## Red Cross Seeks Local Hero Nominations

Throughout the South Puget Sound community ordinary people perform extraordinary acts of courage and selflessness that save lives. The American Red Cross Mount Rainier Chapter needs your help to identify and honor these local heroes from our community.

Do you know a hero? Your Real Hero nominee may be a friend or family member, a neighbor, co-worker, a firefighter, a member of the military or a police officer. The nominee may be a professionally trained life saver or simply a Good Samaritan. Heroes must either live or work in **Thurston-Mason Counties**; the heroic action may have taken place outside as long as the nominee either resides or works in **Thurston-Mason Counties**. (Ex: A local resident who saved a life while on vacation in Oregon.)



Help the Red Cross recognize these extraordinary people by nominating your hero today. The categories for the nominations include but are not limited to: 911 Dispatch, Animal Rescue, Community Partner, Fire Safety, Youth Humanitarian, Adult Humanitarian, Law Enforcement, Medical Rescue, Military, Water Safety, Wilderness Rescue, Workplace Safety, and Spirit of the Red Cross. For more information or to make a nomination, please visit our local Red Cross web site at [www.rainier-redcross.org](http://www.rainier-redcross.org) or contact the American Red Cross Mount Rainier Chapter.

### **DEADLINE FOR NOMINATIONS—MARCH 31**

Please mail or fax in your nomination —

**American Red Cross Mount Rainier Chapter**  
**Thurston-Mason Counties Office**  
**ATTN: Real Heroes Breakfast**  
**2618 12th Court SW, Olympia, WA 98502**  
**(360) 352-8575 TEL / (360) 352-0861 FAX**

An annual community celebration, the American Red Cross Real Heroes Breakfast honors local heroes for using their first Aid & CPR training and other actions to save lives. We hope you will join us as the American Red Cross Mount Rainier Chapter honors our community's heroes. Proceeds from the Real Heroes Breakfast benefit local Red Cross disaster relief and emergency preparedness programs in our community.

You can support the work of the American Red Cross Mount Rainier Chapter as a Real Heroes Corporate Event Partner, serving as a Table Captain and inviting guests to join you, or by making your own reservation to attend the community celebration.



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Please complete the nomination—mail or fax to:  
**American Red Cross Mount Rainier Chapter**  
**ATTN: Real Heroes Breakfast**  
**2618 12th Court SW, Olympia, WA 98502**  
**FAX - (360) 352-0861**

<u><b>Nominee First &amp; Last Name</b></u>	<u><b>Award Category For Consideration</b></u>
Home Address	(Circle all that apply)
City and Zip Code	911 Dispatch
Phone (Daytime) and (Evening)	Animal Rescue
E-mail	Community Partner
Employer & Phone Number	Fire Rescue / Safety
County of Residence	Adult Humanitarian
Location where rescue took place	Youth Humanitarian
Date of period of time which event took place	Law Enforcement
<u><b>Nominator First &amp; Last Name</b></u>	Medical Rescue
Address	Military
City and Zip Code	Water Safety
Phone (Daytime) and (Evening)	Wilderness Rescue
E-mail	Workplace Safety
Relationship to Nominee	Spirit of the Red Cross
Employer	Other_____

**Nomination:** Please attach a nomination statement on another page describing in detail why you are nominating the candidate for the American Red Cross Real Heroes Award.

Include any names and contact information of witnesses we may call to verify the event or additional items such as newspapers articles, awards, commendations, tapes, etc. for the selection committee to review.

Please provide as much information as possible for Real Heroes Selection Committee.

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(Example: A local resident who saved a life while on vacation in Oregon.)